

	Sec	Goals	Strategies	Results
MON	W			
TUE	W			
WED	W			
THU	W			
FRI	W			
SAT	W			
SUN	W			

LH/RH/HS/HT – hands // mm7: Measure 7 // @128 :128 bpm // Com: complete // Mem: memorize// Ex: be able to play expressively

Ch: chunking // Rym: Rhythms // Met: Metronome // +M: Added measures // +N: Added notes

