

# Dominate Your Piano Scales Webinar:

## Strategy Cheat Sheet

### Strategy 1: Quick Thumb Technique

Step 1: Play ONLY C and D, tucking your thumb under. Repeat 8 times total.

Step 2: Play ONLY C, D and E, tucking your thumb under. Repeat 8 times total.

Step 3: Play ONLY C, D, E, and F, tucking your thumb under. Repeat 8 times total.

*These are the instructions for C Major, right hand. You'll be able to figure out where the thumb under transition is in other scales and apply the same principle there.*

### Strategy 2: Rhythms

Step 1: Play the scale normal, slow. Repeat 2 times total.

Step 2: Play the scale with rhythm 1 (long, short long, short...) Repeat 4 times total.

Step 3: Play the scale with rhythm 2 (short long, short long...) Repeat 4 times total.

Step 4: Play the scale with rhythm 3 (long, short short short long, short short short...) Repeat 4 times total.

Step 5: Play the scale with rhythm 4 (short short short long, short short short long...) Repeat 4 times total.

Step 6: Play the scale normal, slow. Repeat 2 times total.

*This is a bit of a longer strategy. The key is staying FOCUSED and accurate no matter what rhythm you're playing.*

### Strategy 3: Metronome Ramp Up

Step 1: Set your metronome to a SUPER slow tempo. Play the scale 4 times.

Step 2: Bump up the tempo a tiny bit (8 to 15 bpm). Play the scale 4 more times.

Step 3: Bump up the tempo a tiny bit (8 to 15 bpm). Play the scale 4 more times.

Step 4: Bump up the tempo a tiny bit (8 to 15 bpm). Play the scale 4 more times.

Step 5: You get the idea, just keep gradually until you hit a point where you can no longer play it without mistakes. Try to hit this tempo 4 more times.

Step 6: Go back to a slow tempo and play it 4 times without mistakes (this is HIGE).

*With all these strategies, you'll want to practice hands separate first. Then, when you're solid enough to play hands together, you can repeat the same strategies on hands together.*