

4 Octave Arpeggios



Part 1: The Notes

See the Arpeggios Fingering Sheet for This

Part 2: The Form/Motion (the Over-Under Technique)

Rule #1 - When you're playing TOWARDS your pinkie, move your wrist in a "down and out" motion

Rule #2 - When you're playing TOWARDS your thumb, move your wrist in an "up and in" motion

Rule #3 - Used naturally curved fingers (but NOT "STIFF curved" - let them flow)

Rule #4 - Use the "Quick Thumb" technique, and tuck your thumb as your 2 and 3 are playing
(make sure you watch the video to really understand how this should look - it's IMPORTANT)

Part 3: Accelerated Learning Technique

1. Rhythms, Metronome Ramp Up, No-Look, or any other drill we used for scales can apply here!

2. Arpeggios as Chords

Step 1: Find the three note chord associated with the arpeggio

Step 2: Practice the arpeggio in chords (playing all 3 notes at the same time)

Step 3: Practice the arpeggio with "quick notes" - play

Step 4: Gradually decrease the amount of time between the chords

(this one makes a lot more sense in the video)

3. Three-Note Rhythms

Play Normal: Straight Rhythm, 2 to 4x

Rhythm 1: Long, short short... 2 to 4x

Rhythm 2: Short long, short... 2 to 4x

Rhythm 3: Short short long... 2 to 4x

Play Normal: Straight Rhythm, 2 to 4x

(same as the normal "Rhythms Strategy", just with three-note rhythms)

Part 4: The Progression

Every day, you only need to pick a few Accelerated Learning Techniques

Start with 2 octave arpeggios, then gradually move to 3 and 4 octaves

Eventually you do want to get hands together - but not until hands separate is ROCK solid

ACCURACY OVER SPEED ALWAYS!!!